



#### Cape Jourimain (NB) to Seacow Head (PEI)

- **Jessica Fraser (26)** 5:00:30, First-ever recorded Wetsuit swim

#### Support

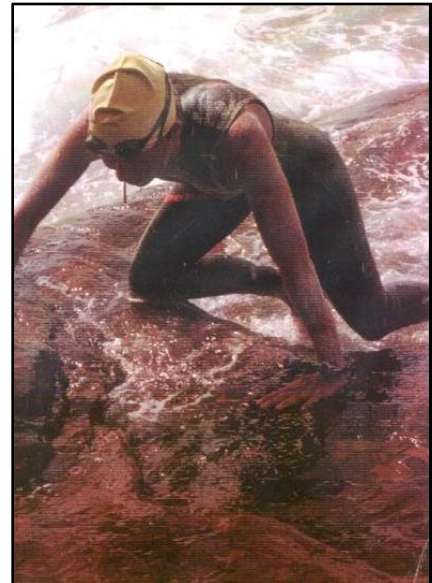
- **Kayakers:** Mike Orr and Simon Segal of Halifax
- **Safety Boat – Island Mist:** George and Winnie Sheen, Summerside Yacht Club
- **Crew:** Mum Elaine Fraser, Zach Fraser, Phil Thomas
- **Land Crew:** Dad Lloyd Fraser

#### Times

- Start Time: 09:15 hrs
- Finish Time: 14:15 hrs

#### Weather

- No jellyfish
- No details of air and water temperatures



#### Details

Since the swim took place just days before the 9-11 attacks in the United States, the fundraising for Nova Scotia Kidsport was cut short; however, the Chronicle Herald and [Daily News](#) in Halifax covered the story, and Jessica reported that the Journal Pioneer included the adjacent photo of her arriving on the rocks at Seacow Head.

In addition, Global Television ran a story profiling Jessica's efforts prior to the swim (August 31<sup>st</sup>, 2001) and CBC Radio's "Main Street" conducted interviews with her both pre- and post-swim (August 30<sup>th</sup> and September 4<sup>th</sup>).

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Olympic team  
opens camp

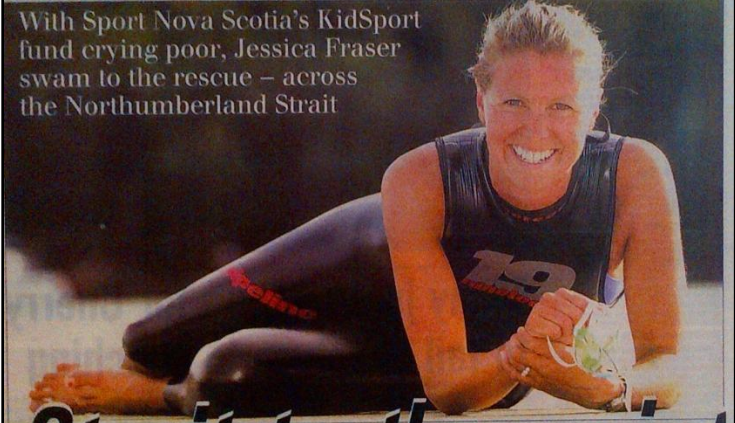


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NFL preview:  
AFC, NFC East

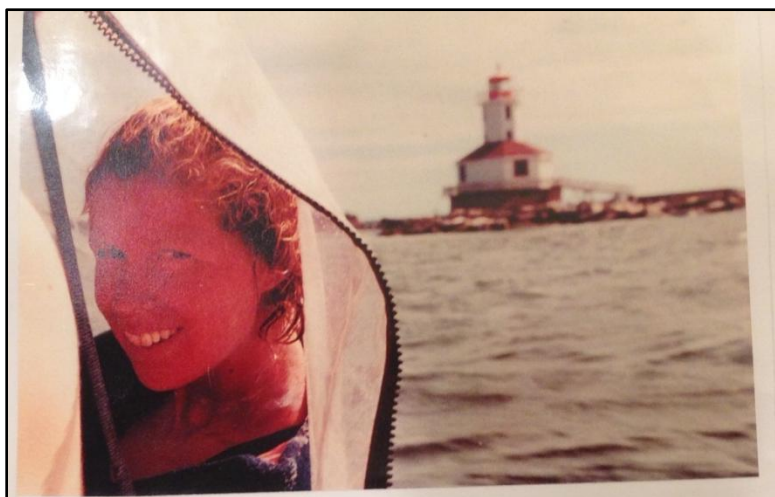
# SPORTS

Editor: Carl Fleming | sports@news.nova Scotia.ca

With Sport Nova Scotia's KidSport fund crying poor, Jessica Fraser swam to the rescue – across the Northumberland Strait



## Strait to the point



### Fundraising swimmer crosses strait

A Halifax triathlete swam the Northumberland Strait on Monday to raise funds for underprivileged young athletes.

Jessica Fraser, a competitive swimmer who placed 17th in her age class at the 1999 World Triathlon championships, completed the 18-kilometre crossing in five hours, 30 seconds.

"I felt lucky to have had the opportunity that sport provides ... and I thought KidSport was a really good cause," the 26-year-old Haligonian said of the Sport Nova Scotia program.

KidSport provides a financial boost for hundreds of children each year to help them participate in organized sports.

But the program has been unable to keep up with demand.

Almost 60 children will be left out unless new sponsors step up with donations.

### Strait crossing

A few days ago, Halifax swimmer Jessica Fraser, a three-time World Triathlon Championship competitor, swam across the Northumberland Strait. For many, including Ms. Fraser, it was the realization of a dream.

For a very long time, the youthful athlete has dreamed of swimming across the strait that separates Prince Edward Island from the mainland. This summer, she decided to make the attempt.

So it was something of a personal triumph when she waded from the water near Sea Cow Head after swimming the 15 kilometres from Cape Jourimain, N.B.

There are others, too, who have dreams and they, because of Ms. Fraser's exploit, will realize their fulfilment. Before embarking on her swim, she solicited sponsorships, the money from which is earmarked for Kidsport, an enterprise operated by Sport Nova Scotia. The agency provides many Nova Scotia children with funding to participate in amateur sport.

One hears frequently of fundraising undertakings, some of them noteworthy for their uniqueness. Ms. Fraser's venture, however, is inspiringly unusual, not only for the courage and determination she displayed but also because countless young people will be enabled in the fulfilment of their athletic ambitions.

Dreams have become realities. Perhaps imaginations will also be stirred.

# SPORTS

THE SUNDAY HERALD

SUNDAY, DECEMBER 30, 2001

## PLUS

• The top pluses of the year focus on good deeds and stories of the human spirit, so who better to start with than **Jessica Fraser**. The Halifax triathlete tackled the Northumberland Strait to raise money for KidSport, a fund designed to help underprivileged kids participate in amateur sports. Fraser made the September swim in five hours and 30 seconds and raised awareness to a worthwhile cause.

# The best of 2001

Jessica Fraser

1 Dec 2014

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