

UWO AQUATIC MASTERS - Fifteenth Annual 5 km St Marys Swimming Championships
8th September 1996 - St Marys Quarry, Ontario - water 74-75°F (23.5°C) - air 68°F (20°C) - overcast and gentle rain
University of Western Ontario Aquatic Masters

LADIES 25-29

Angela KELLY 27 UWO 1:19:05
 Wilma PIDHAYNY 28 EYH 1:56:46 Kick

30-34 No Swimmers in this Age Group.

35-39

Lynn MARSHALL 34 CAPS 1:07:01 Ⓞ
 Louise ARSENIO 38 EOM 1:28:22
 Ingrid MARTIN 38 EOM 1:28:34
 Heather DAVIES 34 EYH 1:36:08
 Darlene BROWN 34 EYH 1:57:15

40-44

Wendy CIMARNO 43 ORCA 1:27:10 Ⓞ
 Wendy DUNLOP 42 ORCA 2:23:26
 Jane WALKER 44 DSC 2:24:39
 Jackie MANDZIAK 41 EOM DNF

45-49

Shirley SCHMIDT 45 EOM 1:30:04
 Barbara THAYER 46 KAN 1:33:38
 Karen STODDART 47 OHM DNF

50-54 No Swimmers in this Age Group.

55-59

Barrie MALLOCH 55 ATB 1:55:07

60-64

65-69

Stefanena KYSOR 67 GOWAN 2:05:31

MEN 20-24

Andy Sinclair 24 RID 1:21:31

25-29 No Swimmers in this Age Group

30-34

Robert TEASDALE 32 UNON 1:27:28
 Adrian REPKA 34 EYH 1:29:54
 Hugh MacARTHUR 34 NTMC 1:47:48

35-39

David CASSELS 37 NTMC 1:14:30
 Geoff CAMP 37 EOM 1:35:39 BA Ⓞ

40-44

Don CLINTON 40 NMSC 1:17:03
 Anders SANDBERG 43 NTMC 1:18:41
 John POTOCSKA 44 OHM 1:30:09 BR Ⓞ

45-49 No Swimmers in this Age Group.

50-54

Bob WEIR 53 FITD 1:31:04
 Bryan FINLAY 53 UWO 1:45:47 BR

55-59

John CONVEY 58 NSM 1:35:49
 Charlie LANE 57 EOM 1:36:48

60-64

Robert FILLMORE 61 EOM 2:39:50 BR

65-69

Ken MARCHANT 69 UNON 1:54:45

Ⓞ Denotes a new Course Record for the age-group.

BR Denotes Breaststroke.

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Fifteenth Annual 5 km St Marys Swimming Championships
8th September 1996 - St Marys Quarry, Ontario

1.	Lynn MARSHALL 35	CAPS	1:07:01	
2.	David CASSELS 37	NTMC	1:14:30	
3.	Don CLINTON 40	NMSC	1:17:03	
4.	Anders SANDBERG 43	NTMC	1:18:41	
5.	Angela KELLY 27	UWO	1:19:05	
6.	Andy SINCLAIR 24	RID	1:21:31	
7.	Wendy CIMARNO 43	ORCA	1:27:10	
8.	Robert TEASDALE 32	UNON	1:27:28	
9.	Louise ARSENIO 38	EOM	1:28:22	
10.	Ingrid MARTIN 38	EOM	1:28:34	
11.	Adrian REPKA 34	EYH	1:29:54	
12.	Shirley SCHMIDT 45	EOM	1:30:04	
13.	John POTOCSKA 44	OHM	1:30:09	BR
14.	Bob WEIR 53	EOM	1:31:04	
15.	Barbara THAYER 46	KAN	1:33:38	
16.	Geoff CAMP 37	EOM	1:35:39	BA
17.	John CONVEY 58	NSM	1:35:49	
18.	Heather DAVIES 35	EYH	1:36:08	
19.	Charlie LANE 57	EOM	1:36:48	
20.	Bryan FINLAY 53	UWO	1:45:47	BR
21.	Hugh MacARTHUR 34	NTMC	1:47:48	
22.	Ken MARCHANT 69	UNON	1:54:45	
23.	Barrie MALLOCH 55	ATB	1:55:07	
24.	Wilma PIDHAYNY 29	EYH	1:56:46	Kick
25.	Darlene BROWN 35	EYH	1:57:15	
26.	Stefanena KYSOR 67	GOWAN	2:05:31	
27.	Wendy DUNLOP 42	ORCA	2:23:26	
28.	Jane WALKER 44	DSC	2:24:39	
29.	Robert FILLMORE 61	EOM	2:39:50	BR
30.	Karen STODDART 47	OHM	<i>Retired</i>	
31.	Jackie MANDZIAK 41	EOM	<i>Retired</i>	

Bryan Finlay

September 8, 1996

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**UWO AQUATIC MASTERS - Fifteenth Annual 5 km St Marys Swimming Championships
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LAP SPLITS

	1	2	3	4	5	6	7	8	9	10	11
LADIES 25-29											
Angela KELLY 27	6:35	13:30	20:30	27:34	34:54	42:27	49:41	57:00	1:04:26	1:11:55	1:19:05
Wilma PIDHAYNY 29	10:21	20:35	30:56	41:38	53:13	1:03:53	1:14:35	1:24:59	1:35:26	1:45:59	1:56:46
LADIES 30-35 No Swimmers in this Age Group.											
LADIES 35-39											
Lynn MARSHALL 35	5:46	11:47	17:51	23:52	29:59	36:09	42:16	48:29	54:37	1:00:50	1:07:01
Louise ARSENIO 38	7:45	15:27	23:24	31:43	40:16	47:56	55:44	1:03:58	1:12:14	1:20:27	1:28:22
Ingrid MARTIN 38	7:31	15:29	23:30	31:36	39:37	47:43	55:48	1:03:53	1:12:10	1:20:22	1:28:34
Heather DAVIES 35	8:13	16:16	24:39	32:58	41:48	50:40	59:40	1:08:49	1:17:51	1:26:55	1:36:08
Darlene BROWN 35	10:13	20:15	30:40	41:13	51:43	1:02:10	1:13:06	1:24:07	1:35:21	1:46:06	1:57:15
LADIES 40-44											
Wendy CIMARNO 43	7:19	14:54	22:30	30:07	37:54	45:50	53:53	1:02:00	1:10:21	1:18:42	1:27:10
Wendy DUNLOP 42	13:00	24:57	37:48	51:07	1:05:02	1:18:00	1:32:00	1:44:55	1:58:00	2:10:36	2:23:26
Jane WALKER 44	11:32	23:25	35:19	47:57	1:00:55	1:14:14	1:28:17	1:42:30	1:56:26	2:10:49	2:24:39
Jackie MANDZIAK 41	---	22:35									
LADIES 45-49											
Shirley SCHMIDT 45	7:23	15:18	23:20	31:25	39:40	47:47	56:04	1:04:36	1:13:07	1:21:38	1:30:04
Barbara THAYER 46	7:56	16:00	24:09	32:40	41:15	49:53	58:35	1:07:26	1:16:11	1:25:03	1:33:38
Karen STODDART 47	14:40	30:09	45:55	1:02:01	1:18:58	1:35:54					
LADIES 50-54 No Swimmers in this Age Group.											
LADIES 55-59											
Barrie MALLOCH 55	9:31	19:21	29:24	39:31	49:48	1:00:13	1:11:06	1:22:08	1:33:17	1:44:20	1:55:07
LADIES 60-64 No Swimmers in this Age Group.											
LADIES 65-69											
Stefanena KYSOR 67	10:41	21:29	32:35	43:56	55:15	1:06:45	1:18:22	1:30:05	1:41:46	1:53:38	2:05:31

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LAP SPLITS

	1	2	3	4	5	6	7	8	9	10	11
MENS 20-24											
Andy Sinclair 24	6:39	13:50	21:07	28:26	35:54	43:23	50:59	58:30	1:06:05	1:13:42	1:21:31
MENS 25-29 No Swimmers in this Age Group.											
MENS 30-34											
Robert TEASDALE 32	8:06	16:04	24:00	31:48	39:31	47:45	53:37	1:03:40	1:11:43	1:19:36	1:27:28
Adrian REPKA 34	7:37	15:32	23:35	31:41	39:25	48:00	56:12	1:04:27	1:12:49	1:21:19	1:29:54
Hugh MacARTHUR 34	8:47	17:57	27:26	36:52	46:27	56:11	1:05:55	1:16:04	1:26:21	1:37:02	1:47:48
MENS 35-39											
David CASSELS 37	6:17	12:56	19:40	26:28	33:12	40:00	46:55	53:49	1:00:56	1:07:43	1:14:30
Geoff CAMP 37	8:23	15:53	25:23	34:06	42:42	51:25	1:00:13	1:09:06	1:17:59	1:27:05	1:35:39
MENS 40-44											
Don CLINTON 40	6:41	13:22	20:07	27:01	33:58	40:58	48:06	55:12	1:02:27	1:09:51	1:17:03
Anders SANDBERG 43	6:31	13:20	20:10	27:04	34:02	41:13	48:28	55:44	1:03:11	1:10:48	1:18:41
John POTOCSKA 44	7:48	15:43	23:38	31:41	39:28	48:03	56:19	1:04:02	1:13:12	1:21:44	1:30:09
MENS 45-49 No Swimmers in this Age Group.											
MENS 50-54											
Bob WEIR 53	7:52	15:49	23:46	31:51	40:03	48:19	56:44	1:05:06	1:13:42	1:22:26	1:31:04
Bryan FINLAY 53	8:33	17:32	26:44	36:11	45:28	54:59	1:04:39	1:14:24	1:24:45	1:35:15	1:45:47
MENS 55-59											
John CONVEY 58	8:33	17:08	25:47	34:34	43:23	52:03	1:00:48	---	1:18:37	1:27:11	1:35:49
Charlie LANE 57	7:52	16:08	24:37	33:09	41:56	50:53	59:57	1:08:59	1:18:33	1:28:37	1:36:48
MENS 60-64											
Robert FILLMORE 61	12:03	25:39	40:27	54:59	1:09:33	1:23:54	1:39:12	1:54:44	2:10:25	2:25:17	2:39:50
MENS 65-69											
Ken MARCHANT 69	9:37	19:25	29:25	39:25	50:00	1:00:32	1:11:34	1:22:26	1:33:07	1:44:07	1:54:45