

**London Silver Dolphins - Twenty-Fifth Annual 5 km St Marys Swimming Championships
2006 Masters Swimming Ontario 5 km Championship**

10th September 2006 - St Marys Quarry, Ontario - water 21°C - air 20°C
Cloudy. Slight breeze. Cool start to the day.

LADIES 18-24 No swimmers in this age-group.

25-29 No swimmers in this age-group.

30-34

Carolyn M ^{ac} LEOD 30	NYG	1:32:39	
Anna PHILPOTT 33	STRY	DNF - 6 Laps	

35-39 No swimmers in this age-group.

40-44

Kelly Lyons 43	NYG	1:26:26	
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45-49

Lynn MARSHALL 45	CAPS	1:07:24	Rec
Genevieve MACKWOOD 46	TECH	1:27:49	
Laura TOBIAS 46	OANN	2:12:36	

50-54

Jill VANDERFLEET-SCOTT 52	GMM	1:25:29	
Wendy CIMARNO 53	AURO	1:26:08	
Anita PAYNE 52	STRY	1:56:50	
Bozena LECH 53	CAPS	2:05:55	

55-59 No swimmers in this age-group.

60-64

Wendy DUCK 62	AURO	1:43:24	Rec
Jan McINNES 60	UNON	2:01:00	
Elaine HINES 63	BSHK	2:05:14	

65-69

Kathy RATTRAY 66	BURL	2:04:01	
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70-74

Beverley TUCKER 71	TYMS	2:11:04	
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FL denotes Butterfly

Rec denotes a new Course Record

MEN 18-24 No swimmers in this age-group.

25-29

Jason SINGER 29	NT	1:12:59
Ali AMIRI 28	OANN	2:41:28
Kristian DORKEN 29	OANN	2:59:09

30-34 No swimmers in this age-group.

35-39

Keith BARRETT 36	NT	1:20:40
Jake NESOVIC 39	TYMS	1:20:50
Michael MANDEL 37	NT	1:21:39
Len VAN GRUENING 39	NYG	1:22:45
Sean O'BRIEN 39	NYG	1:27:32

40-44

Peter HODSON 43	NT	1:14:04
Robert TEASDALE 42	STRY	1:25:39

45-49

Wes MUSIAL 49	TYMS	1:11:02	Rec
Ralph RIEPER 47	NYG	1:20:38	
Geoff CAMP 47	ETOB	1:27:20	
Tim DAWKINS 46	UNON	1:30:29	
Jonathan LENCHNER 47	USMS	1:32:15	
Lawrie OLIPHANT 49	LAUR	1:34:59	
Ben PRINS 49	CMS	1:36:00	
Fernando CAMACHO 49	NYG	1:39:25	

50-54

Tibor KOKAI 50	NYG	1:31:29
Dan LEFEBVRE 51	UNON	1:31:42
Bob SICA 50	LSD	1:46:39
Patrick BEALS 53	BARR	1:59:19

55-59

Michael PAYNE 56	STRY	1:36:49
John POTOCSKA 55	ETOB	1:47:25
Laurence ALEXANDER 56	NYG	1:53:43

60-64

Rob SCOTT 60	GMM	1:28:16	Rec
Bryan FINLAY 63	LSD	1:59:39	FL Rec

65-69

John CONVEY 68	BRCK	1:42:43
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70-74

Christopher SMITH 74	TYMS	1:39:58
George MILNE 74	TYMS	DNF - 8 Laps

75-79

Ken MARCHANT 79	CAM	2:38:42
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1	Lynn MARSHALL 45	CAPS	1:07:24	Rec
2	Wes MUSIAL 49	TYMS	1:11:02	Rec
3	Jason SINGER 29	NT	1:12:59	
4	Peter HODSON 43	NT	1:14:04	
5	Ralph RIEPER 47	NYG	1:20:38	
6	Keith BARRETT 36	NT	1:20:40	
7	Jake NESOVIC 39	TYMS	1:20:50	
8	Michael MANDEL 37	NT	1:21:39	
9	Len VAN GRUENING 39	NYG	1:22:45	
10	Jill VANDERFLEET-SCOTT 52	GMM	1:25:29	
11	Robert TEASDALE 42	STRY	1:25:39	
12	Wendy CIMARNO 53	AURO	1:26:08	
13	Kelly Lyons 43	NYG	1:26:26	
14	Geoff CAMP 47	ETOB	1:27:20	
15	Sean O'BRIEN 39	NYG	1:27:32	
16	Genevieve MACKWOOD 46	TECH	1:27:49	
17	Rob SCOTT 60	GMM	1:28:16	Rec
18	Tim DAWKINS 46	UNON	1:30:29	
19	Tibor KOKAI 50	NYG	1:31:29	
20	Dan LEFEBVRE 51	UNON	1:31:42	
21	Jonathan LENCHNER 47	USMS	1:32:15	
22	Carolyn M ^{ac} LEOD 30	NYG	1:32:39	
23	Lawrie OLIPHANT 49	LAUR	1:34:59	
24	Ben PRINS 49	CMS	1:36:00	
25	Michael PAYNE 56	STRY	1:36:49	
26	Fernando CAMACHO 49	NYG	1:39:25	
27	Christopher SMITH 74	TYMS	1:39:58	
28	John CONVEY 68	BRCK	1:42:43	
29	Wendy DUCK 62	AURO	1:43:24	Rec
30	Bob SICA 50	LSD	1:46:39	
31	John POTOCSKA 55	ETOB	1:47:25	
32	Laurence ALEXANDER 56	NYG	1:53:43	
33	Anita PAYNE 52	STRY	1:56:50	
34	Patrick BEALS 53	BARR	1:59:19	
35	Bryan FINLAY 63	LSD	1:59:39	FL Rec
36	Jan McINNES 60	UNON	2:01:00	
37	Kathy RATTRAY 66	BURL	2:04:01	
38	Elaine HINES 63	BSHK	2:05:14	
39	Bozena LECH 53	CAPS	2:05:55	
40	Beverley TUCKER 71	TYMS	2:11:04	
41	Laura TOBIAS 46	OANN	2:12:36	
42	Ken MARCHANT 79	CAM	2:38:42	
43	Ali AMIRI 28	OANN	2:41:28	
44	Kristian DORKEN 29	OANN	2:59:09	
45	George MILNE 74	TYMS	DNF - 8 Laps	
46	Anna PHILPOTT 33	STRY	DNF - 6 Laps	

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LAP SPLITS											
Name	1	2	3	4	5	6	7	8	9	10	11
LADIES 30-34											
Carolyn MacLEOD 30	0:07:23	0:07:56	0:07:51	0:08:00	0:08:25	0:08:30	0:08:38	0:08:38	0:08:55	0:08:50	0:09:33
Anna PHILPOTT 33	0:00:00	0:15:08	0:07:57	0:08:15	0:08:24	0:08:48					DNF
LADIES 40-44											
Kelly LYONS 43	0:07:34	0:07:50	0:07:50	0:07:39	0:07:41	0:07:53	0:07:43	0:07:50	0:08:06	0:08:01	0:08:19
LADIES 45-49											
Lynn MARSHALL 45	0:05:52	0:06:07	0:06:05	0:05:59	0:05:59	0:06:11	0:06:11	0:06:22	0:06:14	0:06:01	0:06:23
Genevieve MACKWOOD 46	0:07:05	0:07:47	0:07:42	0:07:57	0:07:52	0:07:59	0:07:56	0:08:10	0:08:24	0:08:32	0:08:25
Laura TOBIAS 46	0:11:01	0:11:15	0:11:37	0:11:38	0:11:51	0:11:55	0:12:13	0:12:34	0:12:45	0:13:07	0:12:40
LADIES 50-54											
Jill VANDERFLEET-SCOTT 52	0:07:03	0:07:20	0:07:02	0:07:48	0:07:37	0:07:46	0:07:53	0:08:08	0:08:15	0:08:21	0:08:16
Wendy CIMARNO 53	0:07:09	0:07:20	0:07:29	0:07:30	0:07:41	0:07:50	0:07:57	0:08:10	0:08:22	0:08:22	0:08:18
Anita PAYNE 52	0:09:41	0:10:11	0:10:33	0:10:34	0:10:27	0:10:26	0:10:29	0:10:49	0:11:08	0:11:15	0:11:17
Bozena LECH 53	0:10:30	0:11:02	0:11:01	0:11:29	0:11:30	0:11:17	0:11:41	0:11:57	0:12:01	0:12:10	0:11:17
LADIES 60-64											
Wendy DUCK 62	0:08:10	0:08:59	0:09:03	0:09:11	0:09:15	0:09:27	0:09:35	0:09:46	0:09:57	0:09:54	0:10:07
Jan McINNES 60	0:09:36	0:09:55	0:10:19	0:10:53	0:11:12	0:11:17	0:11:14	0:11:34	0:11:40	0:11:45	0:11:35
Elaine HINES 62	0:10:54	0:10:39	0:10:51	0:10:55	0:11:13	0:11:05	0:11:21	0:11:35	0:11:53	0:13:31	0:11:17
LADIES 65-69											
Kathy RATTRAY 66	0:11:09	0:11:29	0:11:06	0:11:07	0:11:07	0:11:20	0:11:01	0:11:10	0:11:21	0:12:06	0:11:05
LADIES 70-74											
Beverley TUCKER 71	0:11:19	0:11:14	0:11:21	0:11:40	0:11:50	0:11:52	0:12:07	0:12:15	0:12:23	0:12:30	0:12:33

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LAP SPLITS											
Name	1	2	3	4	5	6	7	8	9	10	11
MEN 25-29											
Jason SINGER 29	0:05:59	0:06:25	0:06:22	0:06:29	0:06:40	0:06:42	0:06:43	0:06:50	0:06:55	0:06:49	0:07:05
Ali AMIRI 28	0:17:27	0:12:47	0:12:57	0:11:47	0:13:40	0:13:57	0:13:56	0:14:12	0:15:39	0:17:16	0:17:50
Kristian DORKEN 29	0:17:21	0:14:24	0:15:23	0:16:09	0:15:34	0:15:44	0:15:01	0:16:36	0:17:20	0:18:28	0:17:09
MEN 35-39											
Keith BARRETT 36	0:06:21	0:06:57	0:07:13	0:07:14	0:07:21	0:07:36	0:07:28	0:07:33	0:07:39	0:07:48	0:07:30
Jake NESOVIC 39	0:06:56	0:07:24	0:07:27	0:07:24	0:07:25	0:07:22	0:07:30	0:07:24	0:07:16	0:07:12	0:07:30
Michael MANDEL 37	0:06:53	0:07:15	0:07:19	0:07:16	0:07:21	0:07:19	0:07:31	0:07:33	0:07:30	0:07:40	0:08:02
Len VAN GRUENING 39	0:06:52	0:07:16	0:07:17	0:07:19	0:07:24	0:07:18	0:07:30	0:07:36	0:07:51	0:07:58	0:08:24
Sean O'BRIEN 39	0:07:10	0:07:30	0:07:34	0:07:43	0:07:57	0:07:59		0:16:19	0:08:36	0:08:34	0:08:10
MEN 40-44											
Peter HODSON 43	0:06:04	0:06:26	0:06:31	0:06:41	0:06:46	0:06:48	0:06:46	0:06:50	0:06:54	0:06:56	0:07:22
Robert TEASDALE 42	0:07:30	0:07:34	0:07:38	0:07:46	0:07:50	0:07:54	0:08:00	0:07:45	0:08:00	0:08:00	0:07:42
MEN 45-49											
Wes MUSIAL 49	0:06:02	0:06:20	0:06:21	0:06:18		0:13:10	0:06:30	0:06:34	0:06:30	0:06:36	0:06:41
Ralph RIEPER 47	0:06:52	0:07:19	0:07:18	0:07:16	0:07:27	0:07:24	0:07:20	0:07:26	0:07:31	0:07:26	0:07:19
Geoff CAMP 47	0:07:38	0:07:44	0:07:44		0:15:34	0:07:55	0:07:50	0:08:10	0:08:07	0:08:23	0:08:15
Tim DAWKINS 46	0:07:48	0:07:35	0:08:06	0:08:11	0:08:00	0:08:17	0:08:20	0:08:27	0:08:42	0:08:34	0:08:29
Jonathan LENCHNER 47	0:07:28		0:15:54	0:08:18	0:08:18	0:08:34	0:08:44	0:08:42	0:08:43	0:08:53	0:08:41
Lawrie OLIPHANT 49		0:15:52	0:08:18	0:08:22	0:08:39	0:08:47	0:08:51	0:08:46	0:09:02	0:09:15	0:09:07
Ben PRINS 49		0:16:29	0:08:37	0:08:39	0:08:43	0:08:51	0:08:47	0:08:51	0:09:01	0:09:10	0:08:52
Fernando CAMACHO 49	0:08:07	0:08:43	0:08:56	0:08:59	0:08:57	0:08:59	0:09:04	0:09:20	0:09:20	0:09:10	0:09:50
MEN 50-54											
Tibor KOKAI 50	0:07:33	0:07:49	0:07:54	0:08:03	0:08:11	0:08:24	0:08:29	0:08:38	0:08:46	0:08:53	0:08:49
Dan LEFEBVRE 51	0:07:40	0:07:55	0:07:51	0:08:06	0:08:24	0:08:30	0:08:37	0:08:44	0:08:40	0:08:46	0:08:29
Bob SICA 50	0:08:27	0:09:06	0:09:07	0:09:22	0:09:26	0:09:34	0:09:55	0:09:59	0:10:27	0:10:32	0:10:44
Patrick BEALS 53	0:10:27	0:10:33	0:10:26	0:10:38	0:10:48	0:10:50	0:10:52	0:11:03	0:11:26	0:11:07	0:11:09
MEN 55-59											
Michael PAYNE 56	0:08:05	0:08:00	0:08:13	0:08:16	0:08:01	0:09:23	0:08:56	0:09:08	0:09:19	0:09:38	0:09:50
John POTOCSKA 55	0:09:42	0:09:35	0:09:36		0:19:37	0:09:44	0:10:16	0:09:32	0:09:57	0:09:50	0:09:36
Laurence ALEXANDER 56	0:09:22	0:10:38	0:10:12	0:10:06	0:10:22	0:10:30	0:10:47	0:10:25	0:10:17	0:10:37	0:10:27
MEN 60-64											
Rob SCOTT 60	0:07:26	0:07:44	0:07:44	0:07:51	0:07:49	0:07:54	0:08:04	0:08:07	0:08:21	0:08:33	0:08:43
Bryan FINLAY 63	0:09:51	0:10:06	0:10:32	0:10:06	0:11:25	0:10:56	0:11:10	0:11:26	0:11:43	0:11:31	0:10:53
MEN 65-69											
John CONVEY 68	0:09:26	0:09:18		0:18:29	0:09:08	0:09:08	0:09:11	0:09:10	0:09:25	0:09:33	0:09:55
MEN 70-74											
Christopher SMITH 74		0:17:40	0:08:40	0:08:50	0:09:00	0:09:00	0:09:00	0:09:20		0:18:30	0:09:58
George MILNE 74	0:08:18	0:08:22	0:09:07	0:08:23	0:08:52	0:09:00	0:09:00	0:09:42			DNF
MEN 75-79											
Ken MARCHANT 79	0:12:35	0:13:12	0:13:11	0:14:32	0:14:00	0:15:00	0:15:00	0:15:00	0:15:00	0:16:45	0:14:27