

London Silver Dolphins - Twenty-Sixth Annual 5 km St Marys Swimming Championships
2007 Masters Swimming Ontario 5 km Championship
2007 Canadian Masters Open-Water Series, Central Canada 5 km Championship

9th September 2007 - St Marys Quarry, Ontario - water 21°C - air 18°C
 Cloudy. Cool. Slight breeze. Very rainy morning.

LADIES	18-24	No swimmers in this age-group.			MEN	18-24				
	25-29					Massimo TARULLI 22	NT	1:09:34	Rec, TR3	
	Sarah BURKE 29	NT	1:10:09		25-29					
	Jennefer BRANKOVSKY 25	NT	1:20:06		Alejandro IRVING 26	DSC	2:12:23			
	Michelle ADDLEY 26	LSD	1:30:21		30-34	No swimmers in this age-group.				
	Ryan HUTCHINS 28	NYG	1:45:46		35-39					
	Nora M ^c GUIGAN 29	DSC	1:52:13		Manny PARDO 37	LSD	1:22:11			
	30-34				Kristian CLARKE 35	DSC	1:22:34			
	Elaine van OOSTEN 30	MSBC	1:12:10		Adam EVELINE 38	DSC	1:22:46			
	Carolyn M ^c LEOD 31	NYG	1:33:15		Pierre BELANGER 36	UNON	1:32:22			
	35-39				40-44					
	Lisa NEIDRAUER 35	TMU	1:12:59		Scott GIBSON 41	BRCK	1:16:11			
	Tara NORTON 36	TMU	1:25:21		Kelvin LANDOLT 43	OANN	1:19:00			
	Mandi GERLAND 37	DSC	2:40:48	BR Rec	Robert TEASDALE 43	STRY	1:22:52			
	40-44				Jean-Yves GUISLAIN 41	NYG	2:23:50			
	Kelly LYONS 44	NYG	1:22:25		45-49					
	Lyne RICHER 41	UNON	2:17:12		Gary LABINE 46	DSC	1:12:28			
	45-49				Doug VANDERBY 48	NT	1:13:14			
	Lynn MARSHALL 46	CAPS	1:05:32	Rec, TR1	Tony FROST 46	LSD	1:16:42			
	Karen HOYLAND 46	DSC	1:24:28		Tim DAWKINS 47	UNON	1:31:31			
	Martina BRANKOVSKY 46	NYG	1:37:49		Vincent RICHER 47	TECH	2:44:51			
	Ann FROST 45	LSD	DNF - 5 Laps		50-54					
	50-54				Wes MUSIAL 50	TYMS	1:12:32	Rec		
	Debra GOLOB 50	BRCK	1:31:17		Bill EADIE 51	DSC	1:24:52			
	Marilyn KORZEKWA 50	UNON	1:42:52		Dan LEFEBVRE 52	UNON	1:29:49			
	55-59	No swimmers in this age-group.			Bob SICA 51	LSD	1:32:10			
	60-64				Fernando CAMACHO 50	NYG	1:33:20			
	Wendy WAGLAND 60	1000	1:30:42	Rec	Patrick BEALS 54	BSHK	1:59:30			
	65-69	No swimmers in this age-group.			55-59					
	70-74				Laurence ALEXANDER 57	NYG	1:43:34	BA Rec		
	Beverley TUCKER 72	TYMS	2:13:19	TR2	John POTOCSKA 56	ETOB	1:43:46	FL Rec		
					Peter SOHIER 55	SIM	2:45:02			
					60-64	No swimmers in this age-group.				
					65-69					
					Michael HEATH-EVES 65	TECH	1:31:35			
					John CONVEY 69	BRCK	1:43:22			
					70-74	No swimmers in this age-group.				
					75-79					
					George MILNE 75	TYMS	1:37:32	Rec		
					Alan MacKINNON 75	USMS-GC	1:46:38			
					80-84					
					Ken MARCHANT 80	CAM	2:48:33	Rec, TR4		

BA denotes Backstroke
BR denotes Breaststroke
FL denotes Butterfly
Rec denotes a new Course Record

TR1 - Trophy for Fastest Lady
TR2 - Trophy for Oldest Lady
TR3 - Trophy for Fastest Man
TR4 - Trophy for Oldest Man

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1	Lynn MARSHALL 46	CAPS	1:05:32	Rec, TR1
2	Massimo TARULLI 22	NT	1:09:34	Rec, TR3
3	Sarah BURKE 29	NT	1:10:09	
4	Elaine van OOSTEN 30	MSBC	1:12:10	
5	Gary LABINE 46	DSC	1:12:28	
6	Wes MUSIAL 50	TYMS	1:12:32	Rec
7	Lisa NEIDRAUER 35	TMU	1:12:59	
8	Doug VANDERBY 48	NT	1:13:14	
9	Scott GIBSON 41	BRCK	1:16:11	
10	Tony FROST 46	LSD	1:16:42	
11	Kelvin LANDOLT 43	OANN	1:19:00	
12	Jennefer BRANKOVSKY 25	NT	1:20:06	
13	Manny PARDO 36	LSD	1:22:11	
14	Kelly LYONS 44	NYG	1:22:25	
15	Kristian CLARKE 35	DSC	1:22:34	
16	Adam EVELINE 38	DSC	1:22:46	
17	Robert TEASDALE 43	STRY	1:22:52	
18	Karen HOYLAND 46	DSC	1:24:28	
19	Bill EADIE 51	DSC	1:24:52	
20	Tara NORTON 36	TMU	1:25:21	
21	Dan LEFEBVRE 52	UNON	1:29:49	
22	Michelle ADDLEY 26	LSD	1:30:21	
23	Wendy WAGLAND 60	1000	1:30:42	Rec
24	Debra GOLOB 50	BRCK	1:31:17	
25	Tim DAWKINS 47	UNON	1:31:31	
26	Michael HEATH-EVES 65	TECH	1:31:35	
27	Bob SICA 51	LSD	1:32:10	
28	Pierre BELANGER 36	UNON	1:32:22	
29	Carolyn M ^{ac} LEOD 31	NYG	1:33:15	
30	Fernando CAMACHO 50	NYG	1:33:20	
31	George MILNE 75	TYMS	1:37:32	Rec
32	Martina BRANKOVSKY 46	NYG	1:37:49	
33	Marilyn KORZEKWA 50	UNON	1:42:52	
34	John CONVEY 69	BRCK	1:43:22	
35	Laurence ALEXANDER 57	NYG	1:43:34	BA Rec
36	John POTOCSKA 56	ETOB	1:43:46	FL Rec
37	Ryan HUTCHINS 28	NYG	1:45:46	
38	Alan MacKINNON 75	USMS-GC	1:46:38	
39	Nora M ^c GUIGAN 29	DSC	1:52:13	
40	Patrick BEALS 54	BSHK	1:59:30	
41	Alejandro IRVING 26	DSC	2:12:23	
42	Beverley TUCKER 72	TYMS	2:13:19	TR2
43	Lyne RICHER 41	UNON	2:17:12	
44	Jean-Yves GUISLAIN 41	NYG	2:23:50	
45	Mandi GERLAND 37	DSC	2:40:48	BR Rec
46	Vincent RICHER 47	TECH	2:44:51	
47	Peter SOHIER 55	SIM	2:45:02	
48	Ken MARCHANT 80	CAM	2:48:33	Rec, TR4
49	Ann FROST 45	LSD	DNF - 5 Laps	

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LAP TIMES											
Name	1	2	3	4	5	6	7	8	9	10	11
LADIES 25-29											
Sarah BURKE 29	0:06:10	0:12:24	0:18:40	0:25:00	0:31:20	0:37:45	0:44:08	0:50:40	0:57:05	1:03:36	1:10:09
Jennefer BRANKOVSKY 25	0:06:49	0:13:40	0:20:33	0:27:30	0:34:40	0:42:02	0:49:28	0:57:11	1:04:45	1:12:29	1:20:06
Michelle ADDLEY 26	0:07:38	0:15:28	0:23:31	0:31:43	0:39:46	0:48:08	0:56:26	1:04:55	1:13:18	1:21:55	1:30:21
Ryan HUTCHINS 28	0:08:21	0:17:10	0:26:17	0:35:41	0:45:14	0:54:55	1:04:57	1:15:15	1:25:45	1:35:53	1:45:46
Nora McGUIGAN 29	0:08:57	0:18:47	0:28:27	0:39:12	0:49:27	1:00:15	1:10:21	1:20:48	1:31:22	1:41:48	1:52:13
LADIES 30-34											
Elaine van OOSTEN 30	0:06:25		0:19:35	0:26:15	0:32:50	0:39:22	0:46:03	0:52:36	0:59:10	1:05:42	1:12:10
Carolyn MacLEOD 31	0:07:22	0:15:21	0:23:27	0:31:49	0:40:20	0:48:47	0:57:35	1:06:29	1:15:25	1:24:13	1:33:15
LADIES 35-39											
Lisa NEIDRAUER 35	0:06:16		0:19:24	0:26:00	0:32:40	0:39:17	0:45:52	0:52:30	0:59:17	1:06:07	1:12:59
Tara NORTON 36	0:06:45	0:13:40	0:20:40	0:27:45	0:35:15	0:42:45	0:50:30	0:58:30	1:07:04	1:16:00	1:25:21
Mandi GERLAND 37	0:12:52	0:25:50	0:39:40	0:53:38	1:08:10	1:22:54	1:38:20	1:52:40	2:08:05	2:23:45	2:40:48
LADIES 40-44											
Kelly LYONS 44	0:07:14	0:14:27	0:21:50	0:29:13	0:36:45	0:44:15	0:51:47	0:59:26		1:14:45	1:22:25
Lyne RICHER 41	0:11:50	0:23:45	0:35:42	0:48:10	1:00:42	1:13:28	1:26:11	1:38:55	1:51:50	2:04:45	2:17:12
LADIES 45-49											
Lynn MARSHALL 46	0:05:56	0:11:38	0:17:46	0:23:29	0:29:20	0:35:20	0:41:20	0:47:22	0:53:20	0:59:25	1:05:32
Karen HOYLAND 46	0:07:22	0:14:39	0:22:06	0:29:46	0:37:30	0:45:08	0:52:50	1:00:40	1:08:35	1:16:45	1:24:58
Martina BRANKOVSKY 46	0:08:25	0:17:06	0:26:02	0:34:52	0:43:39	0:52:29	1:01:35	1:10:50	1:19:50	1:28:55	1:37:49
Ann FROST 45	0:07:52	0:15:38	0:24:33	0:33:13	0:42:20						DNF
LADIES 50-54											
Debra GOLOB 50	0:07:35	0:15:18	0:23:22	0:31:40	0:39:55	0:48:25	0:56:53	1:05:18	1:14:00	1:22:40	1:31:17
Marilyn KORZEKWA 50	0:08:27	0:17:15	0:26:25	0:35:35	0:44:45	0:54:16	1:03:50	1:13:30	1:23:06	1:32:44	1:42:52
LADIES 60-64											
Wendy WAGLAND 60	0:07:30	0:15:12	0:23:05	0:31:25		0:48:05	0:56:15	1:04:40	1:13:10	1:21:50	1:30:42
LADIES 70-74											
Beverley TUCKER 72	0:11:51	0:23:19	0:34:55	0:46:53	0:58:51	1:11:03		1:35:45	1:48:18	2:00:55	2:13:19

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LAP SPLITS											
Name	1	2	3	4	5	6	7	8	9	10	11
LADIES 25-29											
Sarah BURKE 29	0:06:10	0:06:14	0:06:16	0:06:20	0:06:20	0:06:25	0:06:23	0:06:32	0:06:25	0:06:31	0:06:33
Jennefer BRANKOVSKY 25	0:06:49	0:06:51	0:06:53	0:06:57	0:07:10	0:07:22	0:07:26	0:07:43	0:07:34	0:07:44	0:07:37
Michelle ADDLEY 26	0:07:38	0:07:50	0:08:03	0:08:12	0:08:03	0:08:22	0:08:18	0:08:29	0:08:23	0:08:37	0:08:26
Ryan HUTCHINS 28	0:08:21	0:08:49	0:09:07	0:09:24	0:09:33	0:09:41	0:10:02	0:10:18	0:10:30	0:10:08	0:09:53
Nora McGUIGAN 29	0:08:57	0:09:50	0:09:40	0:10:45	0:10:15	0:10:48	0:10:06	0:10:27	0:10:34	0:10:26	0:10:25
LADIES 30-34											
Elaine van OOSTEN 30	0:06:25		0:13:10	0:06:40	0:06:35	0:06:32	0:06:41	0:06:33	0:06:34	0:06:32	0:06:28
Carolyn MacLEOD 31	0:07:22	0:07:59	0:08:06	0:08:22	0:08:31	0:08:27	0:08:48	0:08:54	0:08:56	0:08:48	0:09:02
LADIES 35-39											
Lisa NEIDRAUER 35	0:06:16		0:13:08	0:06:36	0:06:40	0:06:37	0:06:35	0:06:38	0:06:47	0:06:50	0:06:52
Tara NORTON 36	0:06:45	0:06:55	0:07:00	0:07:05	0:07:30	0:07:30	0:07:45	0:08:00	0:08:34	0:08:56	0:09:21
Mandi GERLAND 37	0:12:52	0:12:58	0:13:50	0:13:58	0:14:32	0:14:44	0:15:26	0:14:20	0:15:25	0:15:40	0:17:03
LADIES 40-44											
Kelly LYONS 44	0:07:14	0:07:13	0:07:23	0:07:23	0:07:32	0:07:30	0:07:32	0:07:39		0:15:19	0:07:40
Lyne RICHER 41	0:11:50	0:11:55	0:11:57	0:12:28	0:12:32	0:12:46	0:12:43	0:12:44	0:12:55	0:12:55	0:12:27
LADIES 45-49											
Lynn MARSHALL 46	0:05:56	0:05:42	0:06:08	0:05:43	0:05:51	0:06:00	0:06:00	0:06:02	0:05:58	0:06:05	0:06:07
Karen HOYLAND 46	0:07:22	0:07:17	0:07:27	0:07:40	0:07:44	0:07:38	0:07:42	0:07:50	0:07:55	0:08:10	0:08:13
Martina BRANKOVSKY 46	0:08:25	0:08:41	0:08:56	0:08:50	0:08:47	0:08:50	0:09:06	0:09:15	0:09:00	0:09:05	0:08:54
Ann FROST 45	0:07:52	0:07:46	0:08:55	0:08:40	0:09:07						DNF
LADIES 50-54											
Debra GOLOB 50	0:07:35	0:07:43	0:08:04	0:08:18	0:08:15	0:08:30	0:08:28	0:08:25	0:08:42	0:08:40	0:08:37
Marilyn KORZEKWA 50	0:08:27	0:08:48	0:09:10	0:09:10	0:09:10	0:09:31	0:09:34	0:09:40	0:09:36	0:09:38	0:10:08
LADIES 60-64											
Wendy WAGLAND 60	0:07:30	0:07:42	0:07:53	0:08:20		0:16:40	0:08:10	0:08:25	0:08:30	0:08:40	0:08:52
LADIES 70-74											
Beverley TUCKER 72	0:11:51	0:11:28	0:11:36	0:11:58	0:11:58	0:12:12		0:24:42	0:12:33	0:12:37	0:12:24

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Name	1	2	3	4	5	6	7	8	9	10	11
MEN 18-24											
Massimo TARULLI 22	0:05:56	0:12:00	0:18:04	0:24:09	0:30:21	0:36:38	0:42:59	0:49:20	0:55:54	1:02:37	1:09:34
MEN 25-29											
Alejandro IRVING 26	0:10:45	0:22:18	0:33:36	0:45:03	0:56:56	1:09:03	1:21:23	1:33:45	1:46:24	1:59:15	2:12:23
MEN 35-39											
Manny PARDO 37	0:06:50	0:13:59	0:21:21	0:28:55	0:36:14	0:43:49	0:51:38	0:59:20	1:06:59	1:14:40	1:22:10
Kristian CLARKE 35	0:07:03	0:14:26	0:21:48	0:29:14	0:36:47	0:44:23	0:51:55	0:59:32	1:07:08	1:14:48	1:22:34
Adam EVELINE 38	0:07:07	0:14:28	0:21:53	0:29:18	0:36:52	0:44:29	0:52:02	0:59:41	1:07:18	1:14:59	1:22:46
Pierre BELANGER 36	0:07:28	0:15:31	0:23:59	0:32:28	0:40:51	0:49:27	0:58:04	1:06:33	1:15:15	1:23:44	1:32:22
MEN 40-44											
Scott GIBSON 41	0:06:29	0:13:16	0:20:12	0:27:10	0:34:13	0:41:14	0:48:05	0:55:01	1:02:01	1:09:04	1:16:11
Kelvin LANDOLT 43	0:06:44	0:13:35	0:20:33	0:27:40	0:35:03	0:42:31	0:49:51		1:04:07	1:11:33	1:19:00
Robert TEASDALE 43	0:07:27	0:14:52	0:22:23	0:29:58	0:37:25	0:44:57	0:52:34	1:00:02	1:07:41	1:15:23	1:22:52
Jean-Yves GUISLAIN 41	0:11:36	0:23:47	0:36:01	0:48:39	1:01:27	1:14:34	1:27:40	1:41:13	1:55:09	2:09:24	2:23:50
MEN 45-49											
Gary LABINE 46	0:06:11	0:12:41	0:19:19	0:25:59	0:32:34	0:39:16	0:45:50	0:52:26	0:59:06	1:05:42	1:12:28
Doug VANDERBY 48	0:06:07	0:12:36	0:19:11	0:25:54	0:32:32	0:39:11	0:45:58	0:52:42	0:59:32	1:06:25	1:13:14
Tony FROST 46	0:06:40	0:13:33	0:20:28	0:27:25	0:34:20	0:41:35	0:48:12	0:55:14	1:02:25	1:09:30	1:16:42
Tim DAWKINS 47	0:07:44	0:15:38	0:23:37	0:31:51	0:39:59	0:48:19	0:56:44	1:05:17	1:13:57	1:22:42	1:31:31
Vincent RICHER 47	0:13:49	0:28:19	0:42:52	0:57:53	1:13:07	1:28:26	1:43:56	1:58:39	2:14:13	2:30:00	2:44:51
MEN 50-54											
Wes MUSIAL 50	0:06:14	0:12:39	0:19:12	0:25:52	0:32:26	0:39:09	0:45:46	0:52:24	0:59:06	1:05:50	1:12:32
Bill EADIE 51	0:07:17	0:14:44	0:22:18	0:29:53	0:37:32	0:45:16	0:52:58	1:00:51	1:08:54	1:17:02	1:24:52
Dan LEFEBVRE 52	0:07:43	0:15:34	0:23:23	0:31:33	0:39:45	0:48:03	0:56:17	1:04:45	1:13:10	1:21:30	1:29:49
Bob SICA 51	0:07:43	0:15:44	0:24:03	0:32:21	0:40:41	0:49:08	0:57:40	1:06:12	1:14:56	1:23:35	1:32:10
Fernando CAMACHO 50	0:07:53	0:15:54	0:24:04	0:32:15	0:40:33	0:49:16	0:57:54	1:06:38	1:15:27	1:24:17	1:33:20
Patrick BEALS 54	0:10:18	0:20:52	0:31:34	0:42:17	0:53:17	1:04:07	1:14:53	1:25:49	1:36:57	1:48:20	1:59:30
MEN 55-59											
Laurence ALEXANDER 57	0:09:18	0:18:39	0:27:43	0:37:07	0:46:12	0:55:34	1:05:03	1:14:50	1:24:27	1:34:17	1:43:34
John POTOCSKA 56	0:09:08	0:18:38	0:27:52	0:37:17	0:46:25	0:55:47	1:05:26	1:15:10	1:24:53	1:34:32	1:43:46
Peter SOHIER 55	0:11:43	0:23:53	0:36:55	0:50:30	1:04:54	1:20:27	1:37:30	1:55:35	2:14:16	2:30:14	2:45:02
MEN 65-69											
Michael HEATH-EVES 65	0:07:11	0:14:55	0:23:00	0:31:14	0:39:35	0:47:54	0:56:25	1:04:42	1:13:07	1:21:56	1:31:35
John CONVEY 69	0:08:48	0:18:10	0:27:29	0:36:53	0:46:09	0:55:30	1:04:51	1:14:09	1:23:14	1:33:26	1:43:22
MEN 75-79											
George MILNE 75	0:08:08	0:16:48	0:25:30	0:34:22	0:43:13	0:52:08	1:01:12	1:10:19	1:19:30	1:28:24	1:37:32
Alan MacKINNON 75	0:09:00	0:18:21	0:27:37	0:37:15	0:46:47		1:06:15	1:15:44	1:26:10	1:35:58	1:46:38
MEN 80-84											
Ken MARCHANT 80	0:12:42	0:26:00	0:40:00	0:54:12	1:09:14	1:26:58	1:42:04	1:58:18	2:14:44	2:31:42	2:48:33

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Name	1	2	3	4	5	6	7	8	9	10	11
MEN 18-24											
Massimo TARULLI 22	0:05:56	0:06:04	0:06:04	0:06:05	0:06:12	0:06:17	0:06:21	0:06:21	0:06:34	0:06:43	0:06:57
MEN 25-29											
Alejandro IRVING 26	0:10:45	0:11:33	0:11:18	0:11:27	0:11:53	0:12:07	0:12:20	0:12:22	0:12:39	0:12:51	0:13:08
MEN 35-39											
Manny PARDO 37	0:06:50	0:07:09	0:07:22	0:07:34	0:07:19	0:07:35	0:07:49	0:07:42	0:07:39	0:07:41	0:07:30
Kristian CLARKE 35	0:07:03	0:07:23	0:07:22	0:07:26	0:07:33	0:07:36	0:07:32	0:07:37	0:07:36	0:07:40	0:07:46
Adam EVELINE 38	0:07:07	0:07:21	0:07:25	0:07:25	0:07:34	0:07:37	0:07:33	0:07:39	0:07:37	0:07:41	0:07:47
Pierre BELANGER 36	0:07:28	0:08:03	0:08:28	0:08:29	0:08:23	0:08:36	0:08:37	0:08:29	0:08:42	0:08:29	0:08:38
MEN 40-44											
Scott GIBSON 41	0:06:29	0:06:47	0:06:56	0:06:58	0:07:03	0:07:01	0:06:51	0:06:56	0:07:00	0:07:03	0:07:07
Kelvin LANDOLT 43	0:06:44	0:06:51	0:06:58	0:07:07	0:07:23	0:07:28	0:07:20		0:14:16	0:07:26	0:07:27
Robert TEASDALE 43	0:07:27	0:07:25	0:07:31	0:07:35	0:07:27	0:07:32	0:07:37	0:07:28	0:07:39	0:07:42	0:07:29
Jean-Yves GUISLAIN 41	0:11:36	0:12:11	0:12:14	0:12:38	0:12:48	0:13:07	0:13:06	0:13:33	0:13:56	0:14:15	0:14:26
MEN 45-49											
Gary LABINE 46	0:06:11	0:06:30	0:06:38	0:06:40	0:06:35	0:06:42	0:06:34	0:06:36	0:06:40	0:06:36	0:06:46
Doug VANDERBY 48	0:06:07	0:06:29	0:06:35	0:06:43	0:06:38	0:06:39	0:06:47	0:06:44	0:06:50	0:06:53	0:06:49
Tony FROST 46	0:06:40	0:06:53	0:06:55	0:06:57	0:06:55	0:07:15	0:06:37	0:07:02	0:07:11	0:07:05	0:07:12
Tim DAWKINS 47	0:07:44	0:07:54	0:07:59	0:08:14	0:08:08	0:08:20	0:08:25	0:08:33	0:08:40	0:08:45	0:08:49
Vincent RICHER 47	0:13:49	0:14:30	0:14:33	0:15:01	0:15:14	0:15:19	0:15:30	0:14:43	0:15:34	0:15:47	0:14:51
MEN 50-54											
Wes MUSIAL 50	0:06:14	0:06:25	0:06:33	0:06:40	0:06:34	0:06:43	0:06:37	0:06:38	0:06:42	0:06:44	0:06:42
Bill EADIE 51	0:07:17	0:07:27	0:07:34	0:07:35	0:07:39	0:07:44	0:07:42	0:07:53	0:08:03	0:08:08	0:07:50
Dan LEFEBVRE 52	0:07:43	0:07:51	0:07:49	0:08:10	0:08:12	0:08:18	0:08:14	0:08:28	0:08:25	0:08:20	0:08:19
Bob SICA 51	0:07:43	0:08:01	0:08:19	0:08:18	0:08:20	0:08:27	0:08:32	0:08:32	0:08:44	0:08:39	0:08:35
Fernando CAMACHO 50	0:07:53	0:08:01	0:08:10	0:08:11	0:08:18	0:08:43	0:08:38	0:08:44	0:08:49	0:08:50	0:09:03
Patrick BEALS 54	0:10:18	0:10:34	0:10:42	0:10:43	0:11:00	0:10:50	0:10:46	0:10:56	0:11:08	0:11:23	0:11:10
MEN 55-59											
Laurence ALEXANDER 57	0:09:18	0:09:21	0:09:04	0:09:24	0:09:05	0:09:22	0:09:29	0:09:47	0:09:37	0:09:50	0:09:17
John POTOCSKA 56	0:09:08	0:09:30	0:09:14	0:09:25	0:09:08	0:09:22	0:09:39	0:09:44	0:09:43	0:09:39	0:09:14
Peter SOHIER 55	0:11:43	0:12:10	0:13:02	0:13:35	0:14:24	0:15:33	0:17:03	0:18:05	0:18:41	0:15:58	0:14:48
MEN 65-69											
Michael HEATH-EVES 65	0:07:11	0:07:44	0:08:05	0:08:14	0:08:21	0:08:19	0:08:31	0:08:17	0:08:25	0:08:49	0:09:39
John CONVEY 69	0:08:48	0:09:22	0:09:19	0:09:24	0:09:16	0:09:21	0:09:21	0:09:18	0:09:05	0:10:12	0:09:56
MEN 75-79											
George MILNE 75	0:08:08	0:08:40	0:08:42	0:08:52	0:08:51	0:08:55	0:09:04	0:09:07	0:09:11	0:08:54	0:09:08
Alan MacKINNON 75	0:09:00	0:09:21	0:09:16	0:09:38	0:09:32		0:19:28	0:09:29	0:10:26	0:09:48	0:10:40
MEN 80-84											
Ken MARCHANT 80	0:12:42	0:13:18	0:14:00	0:14:12	0:15:02	0:17:44	0:15:06	0:16:14	0:16:26	0:16:58	0:16:51