



# THE GOVERNOR GENERAL OF CANADA

## His Excellency the Right Honourable David Johnston



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### Order of Canada

## Cynthia Maria Nicholas, C.M., LL.B.

Scarborough, Ontario

### Member of the Order of Canada

Awarded on December 17, 1979; Invested on April 16, 1980

Toronto athlete who, after breaking several long-distance records, swam the English Channel and became the 1976 Women's World Marathon Swimming Champion. In 1977 she was the first woman and youngest person ever to swim the Channel both ways. She has justly earned the title "Queen of the Channel".