



Solo Swims of Ontario



Nomination for The Cliff Lumsdon Award

Proposed Recipient(s):

Use multiple sheets, if the submission involves more than one person)

- Full Name (First, Middle, Last):
- Address:
- Email:
- Phone:
- Gender (Circle One): M F NB
- Date of Birth (Day, Month, Year), if relevant:

Contribution(s) and/or Achievement(s) to be Recognized (Circle One):

Swimmer

Contributor

Swimmer & Contributor

Proposed Citation:

Summary of Achievement(s) and/or Contribution(s) to the sport of marathon swimming in association with SSO.

Attach a separate sheet.

Details of Achievement(s) and/or Contributions:

Attach separate sheet(s).

For **CONTRIBUTORS**, identify factors like:

- Type of service (Board member, Pilot, Coach, Fund raiser, Promoter, *etc.*).
- Period(s) (Years or months) of the *special* contributions.
- Name(s) of Swimmer(s) assisted.
- Impact upon the sport with respect to SSO.

For **SWIMMERS**, identify:

- Date(s), Course, Distance, Time(s), Reason(s) for Special Note (Record, Oldest, Youngest, Special stroke, Multiple crossings, Weather conditions, Disability, Charity support, *etc.*).
- *Note:* SSO-monitored swims will also have a Swim Master's report on file.
- For any other swims that promoted the sport in association with SSO, you should include further details of Coach, Observer, Safety Support equipment (Boats *etc.*) and crew, plus a copy of the Official Report.

Nominator

- Full Name:
- Address:
- Relationship (if any) to the Nominee):
- Email:
- Phone:

Date and Signature of Nominator:

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*Do not send videos, news articles (etc.) with the submission.
If the individual(s) is(are) selected, then those materials may be requested for the Awards Presentation.*

Deadline:

Apart from exceptional situations (to be determined by SSO), the submission is to be complete and in the hands of the Cliff Lumsdon Awards Coordinator by 15th September in any given year momswims@gmail.com